

## Nurse Checklist: T-L-C

### 1) TOUCH

Touch the IV site every 60 minutes.



It should feel:

- Soft
- Dry
- Warm
- Pain-free

### 2) LOOK

Look at the IV site every 60 minutes.



It should look:

- Dry
- No redness
- Uncovered

### 3) COMPARE

Compare the IV site every 60 minutes.



It should be:

- Same size as other side
- No swelling

### REPEAT

Consistency is key.



TLC should be:

- Completed every hour, even when the patient is asleep!

**Pro tip:** Ask the patient to describe how the IV site feels at each check. Is it uncomfortable or are they in pain?